



University of Central Lancashire

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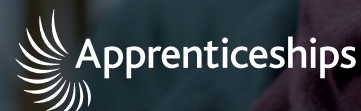
INFORMATION FOR LEARNERS

# Social Prescribing Community Health and Wellbeing Worker Apprenticeship

## Level 3

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Community Health and Wellbeing Workers are a rapidly expanding workforce supporting the increasing emphasis across government departments on improving the health of local people and communities by preventing poor health and tackling inequalities. Their work is informed by the wider social determinants of health, such as the social, cultural, political, economic, commercial and environmental factors that shape the conditions in which people are born, grow, live, work and age.



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# Community Health and Wellbeing Worker Level 3

## Apprenticeship information

### Duration

12 months

### Where will I study?

Online learning

### Entry requirements

A minimum of two GCSE at grade 4 (grade C) or above in Maths and English is desirable. You will be caring and compassionate, honest, conscientious and committed. You may have to complete your English and Maths Functional Skills depending on your GCSE grades.

**The broad purpose of the occupation is to work in partnership with individuals and their communities to identify and address health and wellbeing needs, improve health, prevent ill-health and reduce inequalities. To do this, Community Health and Wellbeing Workers need to:**

- address the causes of poor health and wellbeing in the broadest sense (causes of the causes). They do this by taking an holistic 'whole person' approach regarding physical, mental, emotional and social health and wellbeing and resilience.
- work with individuals, groups and communities to identify what matters to them, building on their strengths to improve health and wellbeing.
- understand the local and accessible services and resources available, to which people in the community can be signposted to support their health and wellbeing needs.
- identify gaps in available services and resources preventing individuals and communities from achieving optimal health and wellbeing.
- build relationships with local organisations and groups.

**In their daily work, an employee in this occupation interacts with:**

- individual people on a one-to-one basis and people in groups.
- community-based organisations and service providers (including voluntary or charity-based providers).
- NHS and local authority health and care professionals, individually and in teams.
- Lay and professional workers from other sectors, including people representatives such as faith leaders or parish and ward councillors, as well as organisations such as Healthwatch.
- peers (paid and voluntary) in their own or other organisations.
- other workers (paid and voluntary) who they may supervise.
- local health and wellbeing services, such as lifestyle support services, IAPT (Improving Access to Psychological Therapies).
- sources of digital help and support, including those supporting mental and emotional health and wellbeing.

# Our Apprenticeship includes:

- Continuous training during programme
- Regular reviews with the apprentice and the employer
- Support when the apprentice is ready to undertake the End Point Assessment (EPA)

## You'll learn to:

- use preventative approaches to promote the health and wellbeing of individuals, groups and communities, addressing the wider determinants of health and causes of ill-health
- help communities to build local resilience and identify strengths, capacity and resources that support their health and wellbeing
- provide informed advice about local services and projects that support health and wellbeing
- manage referrals from a range of agencies, professionals and through self-referral
- apply behavioural science to help people find practical solutions for better health and wellbeing
- implement actions set out in strategies and policies that promote health and wellbeing at community level
- communicate public health messages and information to promote health and wellbeing at an individual, group and community level
- manage data and information and contribute to the evaluation of projects and services
- operate within legal and ethical frameworks that relate to the promotion and protection of the public's health and wellbeing
- take responsibility for personal and professional development in line with organisational protocol

## How you'll be assessed?

At the end of your Apprenticeship you'll go through an end-point assessment (EPA) and be graded based on:

1. Multiple-choice test which consists of a series of questions in which apprentices are asked to provide a response.
2. Demonstration of practice - completing three demonstration of practice stations in which the apprentice will demonstrate the knowledge, skills and behaviours assigned to this assessment method
3. Professional discussion underpinned by a portfolio of evidence - A professional discussion is a two-way discussion which involves both the apprentice and an independent assessor actively listening and participating in a formal conversation.

# Your Apprenticeship career path

Below is an example career path showing how you can earn, learn and study up to Degree level with an Apprenticeship. Training 2000 are part of the University of Central Lancashire which makes it easier than ever to progress on to a Degree Apprenticeship.



## Careers

Community health champion  
Live well coach  
Social prescribing link worker  
Speech and Language Therapist  
Physiotherapist  
Occupational Therapist  
And much more...

## Interested? Apply now

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